

Steps for Praying Effectively

1. **Pray for the forgiveness** (confession of your sins.)

Personal sins: Ask forgiveness for all your sins, known, and unknown. Sins that we bring in through the eyes, ears, our mouths, sins of the heart, attitudes, and anything that has displeased God.

Bloodline sins: Ask forgiveness for sins done your behalf...by your (**living family relatives**) kids, mother, father and anyone in your family, brothers and sisters....

(For example: Father, forgive me for the sins of my father, son, my sisters and brothers. Anything that they have done that would block my prayer from heaven, forgive me oh Lord.)

Generational sins : Ask forgiveness for, (your extended family, eg, cousins etc) sins and for their rebellion against God, and any sin connected with the powers of darkness

(For example: Father, forgive me for generational sins. Let me not suffer the consequences of their sins in the name of Jesus. forgive me oh Lord.)

Ancestral sins: Ask forgiveness for wickedness of your father's house, and mother's house ask the Blood of Jesus to separate you from their sins, and any sin connected with the powers of darkness

(For example: Father, forgive me for the sins of my ancestors. Forgive their rebellion in my father's house and mother's house... and the hatred towards you. Let me not suffer the consequences of their sins in the name of Jesus.. , forgive me oh Lord.) Blood of Jesus, separate me from the sins of my ancestors, and any sins that are connected with the powers of darkness in the name of Jesus.

Collective sins: Ask forgiveness for sins of your /village /town /country. For the wickedness and rebellion of your tribe / country. (Remember the prayer of Daniel in the OT)

2. **Plead the Blood** of Jesus over yourself

Body, mind, soul and spirit in the name of Jesus.

(For example: I plead the Blood of Jesus over my Body, mind and spirit, in the name of Jesus.)

3. **Saturate yourself with the Blood of Jesus**, The Fire of the Holy Ghost, and the Power of Almighty God in the name of Jesus.

-“I Saturate body, mind, soul and spirit with the Blood, Fire etc. “In the name of Jesus.

4. Now you can pray the [extended confessional prayers](#). (get it here)

5. **Saturate your environment** (the house/room you are praying from), and Saturate (the top, bottom, sides, inside, outside and everything in it) with the Blood of Jesus, The Fire of the Holy Ghost, and the Power of Almighty God.) in the name of Jesus.

(For example: I saturate this environment, inside and out, with the blood of Jesus, the fire of the Holy Spirit, and power of Almighty God, in the name of Jesus.)

6. Take Authority over the Heavens , ... (remember, we have been given dominion over all God's creations in Genesis.

(For example:- I take Authority over the heavens, the earth, under the earth, the waters, and everything inside them, and I soak and saturate them, with the Blood of Jesus, fire of the Holy Spirit, and the Power of Almighty God in the name of Jesus)

7. Ask God to build a wall of protection around you and your family.....

(For example: Father, Lord, build a wall of fire around me and my son, and my whole family, in the name of Jesus..)

8. Bind all powers of darkness that have been assigned to you and your prayers and cast them out in the name of Jesus.

9. Ask God to send His warring angels to destroy them.

(For example:- Father God, assign me warrior angels to fight this battle in the name of Jesus)

-ask the Warring Angels. (remember, 1 Angel destroyed 185,000 in the Old Testament) to come against and destroy any resistance and distractions against you and your prayers.

(For example:- Warrior angels of the living God, pursue and destroy any power assigned against my prayers in the name of Jesus.)

10 Ask the Lord to forbid any reinforcement, regrouping , re gathering or retaliation, counter attacks against you or your family in the name of Jesus. :

(For example:- Father Lord, forbid any reinforcement, regrouping , re gathering or retaliation against me or my family in the name of Jesus.)

11. I stand against any form of distractions in the Name of Jesus. Any arrow of distraction, catch fire, go back to your sender In the Name of Jesus. **“ I bind every power of darkness assigned against me and my prayers in the Name of Jesus. I bind all strongmen assigned against me and my prayers in the name of Jesus.**

After your prayers

12. You can now start your praise and worship session until 1 minute to Israel midnight. Align your location time with Jerusalem's time [here](#)

<http://www.timeanddate.com/worldclock/meeting.html?p1=110>

Then sing this song...(try and have a real long praise and worship session. I try to start my confession at least 1 hour early so that I can have a long praise and worship session.)

I will enter His Gates with thanksgiving in my heart
I will enter His Gates with praise.

I will say this is the day that the Lord has made,
I will rejoice for He has made me glad.
He has made me glad, He has made me glad, I will rejoice for he has made me glad
He has made me glad, He has made me glad, I will rejoice for he has made me glad.

After you sing this song, pray like this.....

Father Lord, please draw me to where you are in Jesus Mighty Name. Amen.

After you pray this short prayer, sit down quietly and focus on God. This process is the same as doing a quiet time. If you have never had a quiet time with the Lord, start practicing now. To learn how to do a quiet time prayer, (or an intimate prayer)

Note:

****The prayers have to be spoken out loud. (For anyone else who wants to do spiritual warfare)**

****You have to be very aggressive with your prayers. This is how you fight spiritual battles against principalities and powers..**

****If you combine your prayers with fasting, you will see faster results.**